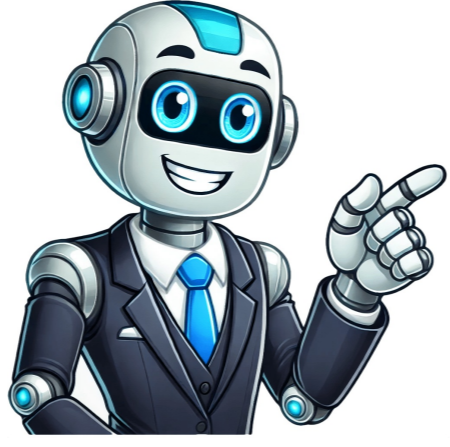


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2344Appointments:earandallergyclinic.com/OperatingHoursMonday-Friday: 8:00am-6:00pmSaturday: 9:00am-2:00pmSunday: 9:00am-2:00pmPricesEnquire for pricing The Ear and Allergy Clinic is one of the medical specialists under the Dr. Ben Medical umbrella. They are a team of medical professionals committed to offering each patient the best care possible while sustaining top-of-the-line medical care, making sure that your time in the hospital is comfortable. Earwax is a natural substance produced by the glands in the ear canal. It is made of a combination of dead skin cells, oil and bacteria. Earwax is constantly being produced and it usually moves out of the ear canal to the outer part of the ear. The wax may also be scraped out by hand or an earpick for hygiene reasons. Earwax can have many different colors, textures and odors but its not always easy to tell if you have too much wax in your ears. Ear wax buildup is a common problem and can be easily prevented or treated. Earwax, also known as cerumen, is a natural substance that is produced by the ear canal skin glands. It acts as a protective barrier for the ear canal, preventing dirt and other particles from entering the ears. Earwax may also act to reduce the risk of infection from bacteria or fungi. Ear wax removal causes are different for everyone depending on how much ear wax one produces and how frequently one cleans their ears. Some people produce more ear wax than others, while some people clean their ears more often than others. The most common cause of earwax buildup is not cleaning your ears enough so it builds up in the canal instead of being pushed out by new wax production. Other causes include: allergies, sinus problems, head injury or surgery to the area near the outer ear canal, use of certain medications such as antihistamines or decongestants, water exposure (swimming). The best way to remove ear wax is with a wet cotton swab. You can use baby oil or mineral oil as lubricants for your swabs before you start removing wax from your ears. Check out some of the Frequently Asked Questions (FAQs) about Ear Wax Removal in Singapore. Ear wax removal costs from \$25 per ear onwards for simple cases. For more complex ear wax removal, the price will be higher. Your GP or practice nurse will look inside your ears to see if they're blocked and might carry out a hearing test. They may ask you to use eardrops for longer, or they may do a minor procedure called ear irrigation that can help clean things out. The ENT doctor will usually remove excess ear wax using the various techniques outlined above. They might inspect your ear while using suction, use a curved instrument called a curette or use a water-filled syringe. We have reached the end of the article! Were glad that you made it this far! Now that you have our list of the best Ear Wax Removal in Singapore, do let us know if you feel that there are others that should be part of this list! We hope this article that we have reviewed has been helpful for you! If you find this article helpful, do check out other related articles in Singapore! Jasmine Tan is a business enthusiast based in Singapore. She loves discovering the best local businesses and places the city has to offer. Whether its a hidden gem of a business or a new start-up making waves in the industry, Jasmine is always on the lookout for the next big thing. Jasmine is dedicated to finding the best products and services for her readers. With her keen eye for value and her love of all things business, she is a trusted source for business advice in Singapore.All author postsIts essential that you keep your ears clean if you have trouble hearing. The capacity of sound waves to enter and exit the ear canal might be affected by earwax. Otitis media is the name of this condition. In this blog entry, well go over the best ear wax removal clinics in Singapore. Our team of experts have researched and curated a list of the Best Ear Wax Removal in Singapore. Our list of recommendations are based on ours and others' first-hand experience, so it will be helpful for you! Let's not wait and get to it! DTAP Clinic DetailsDTAPMedicalclinicinfo GP+ medical services. 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Dr Gan Eng Cern DetailsDr Gan Eng Cern is a fellowship trained Consultant Ear, Nose & Throat (ENT) Surgeon.Website 38 Irrawaddy Road, Mount Elizabeth, #08-45 Specialist Centre, Singapore 329563)ContactProducts and Services:draganent.comPhone:+65 6253 7296Appointments:draganent.com/OperatingHoursMonday-Friay: 9:00am-5:00pmSaturday: 8:30am-12:00pmSunday: ClosedPricesEnquire for pricing Dr. Gan not only has a wealth of knowledge, but also goes beyond what is required to keep his patients feeling comfortable and in excellent hands by clearly explaining both medical conditions and procedures. Dr. Gan has a great deal of expertise helping youngsters with comparable issues in addition to treating adult patients. Dr Gan was very efficient, gentle & meticulous while doing the procedure which really helped my boy to be brave & not be traumatised in any way. Dr. Dennis Chua DetailsDr Dennis Chua is a USA Fellowship Trained (Ear Nose Throat) ENT and Facial Plastic Surgeon in Singapore. 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He has become a common choice for families bringing elderly patients or those who require comfort while receiving treatment due to his calming demeanor. Am so glad to meet Dr Jeeve who is not only patient and thorough in his review, but also very assuring and asserted I will recover from the medication prescribed. He is right. The staff in the clinic is so friendly and very helpful. Zenith Medical Clinic Pte. Ltd. Zenith Medical Clinic Pte. Ltd. works to improve the quality of life for every patient. In order to provide specialized services, they continue to innovate. They give healthcare that is absolutely error-free. Aside from removing earwax, their ENT services encompass removing items or foreign materials from the nose, throat, and nasal passages, performing endoscopies, and treating hearing loss and giddiness. Very fast to watch away my sons ear wax! Very good service, highly recommended. 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David Lau ENT Centre DetailsDr David Lau was one of the earliest proponents of the use of hyaluronic acid injections for laryngeal and voice disorders, and is one of the pioneers in the region to use Botox for voice and swallowing restoration. He also introduced transnasal esophagoscopy as an ENT clinic-based procedure, and developed an award-winning minimally invasive method to improve accuracy and safety in voice restoration following laryngectomy. He also pioneered introduction of the scanning laser to Singapore which enhances accuracy in ENT laser surgery.Website 6 Napier Rd, #07-16 Glenaeles Medical Centre, Singapore 258499)ContactPhone:+65 6471 1031Email: info@advancemnt.com.sg/OperatingHoursMonday-Friday: 8:30am-5:30pmSaturday: 8:30am-1:00pmSunday: 9:00am-2:00pmPH: ClosedNovenaLocated in:Square 2Address:10 Sinaran Drive Novena Medical Centre, #08-31, Singapore 307506)Phone:+65 6397 2095Appointments:bit.ly/OperatingHoursMonday-Friday: 9:00am-5:00pmTuesday-Friday: 8:30am-6:30pmTuesday-Friday: 8:30am-5:30pmSaturday: 9:00am-1:00pmSunday & PH: ClosedOrchardLocated in:Paragon Shopping CentreAddress:290 Orchard Rd, #09-15 Paragon, Singapore 238859)Phone:+65 6262 0762Appointments:dtaplinc.com/OperatingHoursMonday-Friday: 8:30am-6:30pmSaturday: 8:30am-1:00pmSunday & PH: ClosedKovanLocated in:Stars of Kovan, Singapore 534733)Phone:+65 6962 7191Appointments:bit.ly/OperatingHoursMonday-Friday: 9:00am-5:00pmSaturday: 9:00am-2:00pmSunday & PH: ClosedContactAs above per locationPricesBoth Sides of the Ear: \$202.00 A network of medical clinics known as Dr. Tan & Partners (DTAP) offers all-encompassing medical care to women, mens, and sexual health in addition to treating the usual cold, flu, and cough. 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David Lau ENT Centre DetailsDr David Lau was one of the earliest proponents of the use of hyaluronic acid injections for laryngeal and voice disorders, and is one of the pioneers in the region to use Botox for voice and swallowing restoration. He also introduced transnasal esophagoscopy as an ENT clinic-based procedure, and developed an award-winning minimally invasive method to improve accuracy and safety in voice restoration following laryngectomy. He also pioneered introduction of the scanning laser to Singapore which enhances accuracy in ENT laser surgery.Website 6 Napier Rd, #07-16 Glenaeles Medical Centre, Singapore 258499)ContactPhone:+65 6471 1031Email: info@advancemnt.com.sg/OperatingHoursMonday-Friday: 8:30am-5:30pmSaturday: 8:30am-1:00pmSunday: 9:00am-2:00pmPH: ClosedNovenaLocated in:Square 2Address:10 Sinaran Drive Novena Medical Centre, #08-31, Singapore 307506)Phone:+65 6397 2095Appointments:bit.ly/OperatingHoursMonday-Friday: 9:00am-5:00pmTuesday-Friday: 8:30am-6:30pmTuesday-Friday: 8:30am-5:30pmSaturday: 9:00am-1:00pmSunday & PH: ClosedOrchardLocated in:Paragon Shopping CentreAddress:290 Orchard Rd, #09-15 Paragon, Singapore 238859)Phone:+65 6262 0762Appointments:dtaplinc.com/OperatingHoursMonday-Friday: 8:30am-6:30pmSaturday: 8:30am-1:00pmSunday & PH: ClosedKovanLocated in:Stars of Kovan, Singapore 534733)Phone:+65 6962 7191Appointments:bit.ly/OperatingHoursMonday-Friday: 9:00am-5:00pmSaturday: 9:00am-2:00pmSunday & PH: ClosedContactAs above per locationPricesBoth Sides of the Ear: \$202.00 A network of medical clinics known as Dr. Tan & Partners (DTAP) offers all-encompassing medical care to women, mens, and sexual health in addition to treating the usual cold, flu, and cough. They now operate 12 clinics in Singapore and Malaysia, including the S Aesthetics Clinic, an aesthetic clinic, and VPS&C, a chronic skin disease management facility for psoriasis, vitiligo, and other skin conditions. Each DTAP clinic is designed to offer patients all-encompassing medical care. Dr. Zeng was excellent, clearly explained my options for allergy testing while being very mindful of cost. I felt very well taken care of. Dr Gan Eng Cern DetailsDr Gan Eng Cern is a fellowship trained Consultant Ear, Nose & Throat (ENT) Surgeon.Website 38 Irrawaddy Road, Mount Elizabeth, #08-45 Specialist Centre, Singapore 329563)ContactProducts and Services:draganent.comPhone:+65 6253 7296Appointments:draganent.com/OperatingHoursMonday-Friay: 9:00am-5:00pmSaturday: 8:30am-12:00pmSunday: ClosedPricesEnquire for pricing Dr. Gan not only has a wealth of knowledge, but also goes beyond what is required to keep his patients feeling comfortable and in excellent hands by clearly explaining both medical conditions and procedures. Dr. Gan has a great deal of expertise helping youngsters with comparable issues in addition to treating adult patients. Dr Gan was very efficient, gentle & meticulous while doing the procedure which really helped my boy to be brave & not be traumatised in any way. Dr. Dennis Chua DetailsDr Dennis Chua is a USA Fellowship Trained (Ear Nose Throat) ENT and Facial Plastic Surgeon in Singapore. 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Dr Jeeve Kanagalingham DetailsDr Jeeve Kanagalingham is an ENT Specialist at The ENT Clinic in Singapore. He sees both children and adults at two convenient locations Mt Elizabeth Novena and Glenaege Hospitals.Website Elizabeth Novena HospitalAddress:38 Irrawaddy Rd, #07-46/47 Mt Elizabeth Novena Hospital, Singapore 329563)Products and Services:drjeeve.comPhone:+65 6710 7522Appointments:drjeeve.com/ConsultationHoursMonday-Wednesday: 9:00am-5:00pmThursday: 9:00am-1:00pmFriday: 9:00am-12:00pmSunday: ClosedGlenaeles HospitalAddress: 3rd Floor Annex Block, #03-41/42Singapore 258500)Phone: +65 6251 6332ConsultationHoursThursday: 2:00pm-5:00pmFriday: 9:00am-1:00pmMonday-Wednesday, Saturday & Sunday: ClosedContactAs above per locationOperating HoursAs in the address info per locationPricesEnquire for pricing Dr. Jeeve has a long history of being a choice among loyal clients thanks to his competence and professionalism in the realm of ENT care. He has become a common choice for families bringing elderly patients or those who require comfort while receiving treatment due to his calming demeanor. Am so glad to meet Dr Jeeve who is not only patient and thorough in his review, but also very assuring and asserted I will recover from the medication prescribed. He is right. The staff in the clinic is so friendly and very helpful. Zenith Medical Clinic Pte. Ltd. Zenith Medical Clinic Pte. Ltd. works to improve the quality of life for every patient. In order to provide specialized services, they continue to innovate. They give healthcare that is absolutely error-free. Aside from removing earwax, their ENT services encompass removing items or foreign materials from the nose, throat, and nasal passages, performing endoscopies, and treating hearing loss and giddiness. Very fast to watch away my sons ear wax! Very good service, highly recommended. Dr Chan Kwai Onn DetailsDr Chan is an ENT consultant at his private practice at Novena Medical Centre, Square 2. And He is a Visiting ENT Consultant at Changi General Hospital (CGH), KK Womens and Childrens Hospital (KKWCH) and Singapore General Hospital (SGH). He has worked as an ENT, Head and Neck Specialist at CGH since 2003. There he has headed the Sinus and Allergy Clinic.Website in:E Medical NovenaAddress:10 Sinaran Drive, #10-11, Novena Medical Centre, Singapore 307506)ContactPhone:+65 6397 6454Appointments:entsinus.com/OperatingHoursMonday-Friday: 9:00am-5:30pmSaturday: 9:00am-12:30pmSunday: ClosedPricesEnquire for pricing Endoscopic tympanoplasty is one of the additional therapies provided by Dr. Onn for maintaining or correcting any issues that might have arisen as a result of improper ear cleaning procedures. You could find that this clinic is the best place to ease your worries regarding your ears. One of the best ENT in Singapore. Been here for almost 10 years! Our whole family visits Dr Chan as he is extremely professional! Great service by the staff as well! Dr Lynne Lim DetailsThe centre specializes in Ear Nose Throat Head ENT & Neck concerns of both children and adults.Website ElizabethLocated in:Mount Elizabeth HospitalAddress:3 Mount Elizabeth, #17-07 Medical Centre, Singapore 228510)Phone:+65 6737 7787Farrer Park Medical CentreAddress: 1 Farrer Park Station Road, #15-02, Farrer Park Medical Centre, Singapore 217562)Phone: +65 6702 0990ContactAs above per locationOperating HoursMonday-Friday: 9:00am-5:00pmSaturday: 9:00am-1:00pmSunday: ClosedPricesEnquire for pricing Dr. Lynne Lim is your best bet if you require your ear canals cleaned. She offers a risk-free at-home solution for ear candling that is quite effective. Dr. Lim does not support the entire removal of earwax, but she does employ the safest methods to get rid of excess wax while educating patients on proper ear care and cleaning procedures. Dr Lynne is very patient, empathetic and excellent with kids. Clinic staff Vasanti is equally patient and goes the extra mile to ensure patients are comfortable. 5 stars! Rafles ENT Centre DetailsOur Otorhinolaryngology (ENT) specialists at the Rafles ENT Centre evaluate and treat both children and adults with ear, nose, throat, head and neck problems. These may include loss of hearing, balance and coordination, ringing in the ears, sinus, and voice and speech disorders. In addition, our ENT surgeons manage obstructive sleep apnoea and attend to related structures of the head and neck. 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For you! If you find this article helpful, do check out other related articles in Singapore! Jasmine Tan is a business enthusiast based in Singapore. She loves discovering the best local businesses and places the city has to offer. Whether its a hidden gem of a business or a new start-up making waves in the industry, Jasmine is always on the lookout for the next big thing. Jasmine is dedicated to finding the best products and services for her readers. With her keen eye for value and her love of all things business, she is a trusted source for business advice in Singapore. All author posts Everybody knows what earwax is, but some of us may not know why its there. Well, it turns out the substance is formed from a combination of natural secretions in the ear, mixed up with dead skin cells, dirt and hairs. Its also beneficial, acting as a barrier against water, insects and foreign bodies, while also helping to prevent trauma and infection. Another fact that you might find surprising is that our ears are naturally self-cleaning, and earwax naturally migrates from the inner ear to the outer ear, where it gets dislodged and lost in the environment. That means that at any one time, someone, somewhere, is actually shedding earwax from their ears. Thats another compelling reason to practice safe distancing! However, depending on several factors like the shape of your ears, and the composition of your earwax, this self-cleaning mechanism doesnt always work properly. This leads to earwax buildup, which can cause hearing issues, and even infections. So its just as well that many of us have a habit of cleaning our ears from time to time. The real question is, should you carry on sticking cotton buds into your ears (until you inadvertently cause a blockage and panic-walk to the nearest 24-hr clinic in the middle of the night because youre too young to go deaf in one ear (true story, by the way)? Or should you schedule regular earwax removal sessions with the professionals? How much would doing it yourself cost, versus going to the clinic or a spa? Here is the cost comparison and how much you could save or spend from choosing either route. What are the different ways of earwax removal? MethodFrequencyAverage costEarwax scooperOnce a weekLess than a dollar to around \$20 or moreOtoscope with ear scoopOnce a week\$25 to \$75, depending on brandEar irrigation or suction at clinic (GP or ENT)Every three to six months\$50 to \$250, depending on clinicEar-candling at spaEvery two to three months\$25 to \$40, depending on spa Earwax scooper - \$1 to \$20 (one-time cost) Alright, lets start with the tried and tested method. If you must stick something in your ears to get rid of the gunk, at least use a proper earwax scooper. This is because the fat, bulbous head of Q-tips actually push earwax deeper into your ears, mashing it against the ear canal and making it harder to dislodge. Repeatedly doing so will only increase your chances of causing a blockage. In contrast, earwax scoopers are tiny enough to go in to catch and pull out chunks of earwax. They are easy enough to use, but you still run the risk of poking too deep and damaging your inner ear. Cheap, poor quality scoopers are especially risky - they can be sharp and leave behind scratches which could lead to an infection. Youd be better served splurging for those fancy Japanese earwax scoopers that come in all manner of wonderful styles - from traditional unidirectional scoops to triple-layered 360-degree heads, in premium materials like natural bamboo, titanium and silicone. Drop by your nearest Tokyu Hands or Don Don Donki for the widest selection - but be warned, they can cost up to \$20! Otoscope with ear scoop - \$25 to \$75 (one-time cost) For a more high-tech method, you might want to try an otoscope with attached ear scoops. Devices such as the Xiaomi BeBird M9 Pro are designed to let you peek into your ears (in all their horrible glory) through its tiny camera that connects to a mobile app you can view on your phone. The idea is to let you see exactly where the earwax is, so you know exactly how to work the scoop for maximum effect. While ostensibly a safer option than going in blind, this method has its inherent risks too, especially if youre not a trained medical professional and cant tell whats what in there. Such devices may be of limited use should your earwax be badly impacted, or if there are foreign objects present, which is difficult to remove using the attached ear scoop alone. Ear irrigation or suction at GP or ENT clinic - \$50 to \$250 per visit If youre in need of a thorough earwax cleaning (or if your ear is blocked because of impacted earwax), your best bet would be to go to the doctors clinic. You can drop by your neighbourhood GP clinic, or book a consultation with an Ear, Nose and Throat (ENT) specialist. An examination of your ears will be carried out to determine the extent of the problem. Then, your doctor will recommend a suitable treatment plan. Depending on the severity, you may first be sent home with ear drops or olive oil to soften the earwax over a number of days before actual removal can proceed. The most common procedure used is known as an ear irrigation, where a doctor or nurse will inject warm water into your ear canals using a flexible syringe to flush out earwax. He or she may also use forceps to help in removing the earwax. The procedure itself is actually quite pleasant and soothing, until you see those years-old earwax dropping into the basin. At that moment, you may feel embarrassment (or pride - hey, no judgement here!) If irrigation is not appropriate (such as when you have an ear infection, or a hole in your eardrum), your doctor may use micro-suction instead to achieve the same results. This method, however, will be slightly uncomfortable as you will feel a bit of tugging in your ear. Ear candling at a spa - \$25 to \$40 per visit Now this method is not without controversy, so do proceed at your own risk. Ear candling is said to be a traditional healing practice that soothes and balances the ears, relieving ear pain or discomfort, headaches, sinus problems and helping earwax to be discharged. It is also said to be very relaxing, and some may like it for stress relief and relaxation. Instead of a regular solid candle, a hollow roll of waxed cloth is used. With you lying on your side, the ear candle is gently inserted into your ear, and then held in place while the other end is lit and allowed to burn down. This is then repeated with your other ear, and a typical session lasts between 30 to 45 mins. Ear candling is offered at selected holistic spas in Singapore, and may be ordered as a standalone therapy, or included as an add-on in a massage or facial package. Fans of ear candling swear by the soothing, relaxing properties (theres a gentle warmth and some soft crackling as the candle burns), while naysayers scoff at any real health benefits. They also point out that any waxy deposits found in the candle after use is simply collected, unmelted candle wax. In any case, ear candling should be viewed more as a treat, and shouldnt be the sole method of cleaning your ears, especially if youre prone to earwax buildup or other issues. Cost comparison - Earwax removal: DIY vs Professional services Lets compare how much each of these four options will cost over the course of a year. MethodCost over a yearEarwax scooper\$1 to \$20Otoscope with ear scoop\$25 to \$75Ear irrigation or suction at clinic (GP or ENT)\$100 to \$500 (assuming one visit per six months)Ear-candling at spa\$100 to \$160 (assuming one visit per three months) Earwax scoopers and otoscopes are the lowest-cost options, which is not surprising because they are simple household tools that dont cost very much. Also, earwax scoopers can last practically forever, unless you misplace them. Good quality otoscopes should last a few years at least without breaking, but you may need to buy replacement scoops periodically. On the other hand, professional services will cost significantly more, especially if you go for a high-end ENT specialist with a clinic at The Paragon, or a luxury spa in Sentosa. DIY vs professional services - pros and cons DIY (earwax scooper, otoscope)Professional clinic servicesProfessional spa servicesCostLow cost, one-time expenseModerate to expensive, recurring expenseModerate to expensive, recurring expenseEffectivenessLimited, partial removal onlyHigh effectiveness, thorough cleaningResults may vary as earwax removal is not the main purpose of ear candlingSafetyModerate injury risk (going too deep, injuring sensitive tissue)Minimal injury riskModerate injury risk (from burns) With scoopers or an otoscope, you wont need to spend very much, and you can clean your ears as often as you like. But dont overdo it lest you disturb the inner ear and introduce problems. However, you may not be able to achieve a complete cleaning, as earwax that is particularly hard, dry or deep may be impossible to remove yourself. Theres also the ever-present risk of injuring yourself by digging too deep or hard, or by using a low-quality scooper with sharp edges. Meanwhile, a professional cleaning at a doctors clinic will provide the deepest clean, and in severe cases, may be the only option for earwax removal. Spa visits for ear candling can be beneficial for certain earwax-related issues, although do remember they should not be the sole method of cleaning your ears. The comparative disadvantages of engaging the professionals relates mostly to cost, being several times higher than the DIY methods. You also have to put aside time to go to the clinic or the spa for your session. The bottom line DIY earwax removal might be adequate for basic upkeep, especially if you do not experience blockage, hearing issues or other earwax-related problems. If your ears are well and truly blocked, or you experience frequent problems, you should book a clinic visit for a proper checkup and thorough cleaning. It may also be beneficial to have a proper ear irrigation once in a while to keep your ears in tiptop condition. As for ear candling, defer to your own experience. If you enjoy the health benefits, or simply like the therapy as part of your self-care, go right ahead and make it part of your routine. Read these next:Cost Guide: 6 Best Water Purifiers in SingaporeIs Charging Your Omnidisks & Secretlab Chairs To Your Singtel Bill A Good Idea?The Real Cost Of Returning To OfficeSingapore Public Holidays & School Holidays 20227 Best Desktop Gaming PCs For Work Under \$3,000

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